



North Carolina Wing Weekly Safety Blast



2018 - Topic #1 – Seven Common Accident Causes

Reason for this Blast:

In most industries people tend to look for “things” to blame when an accident happens, but statistics show that 90% of all accidents occur because of an unsafe act.



Safety Points:

Be vigilant about avoiding these seven most common unsafe acts while at work or home:

1. **Taking Shortcuts:** Every day we make decisions we hope till make the job we are trying to accomplish faster and more efficient. Short cuts that reduce your safety are not shortcuts; rather they are an increased chance for injury.
2. **Being Over-Confident:** Confidence is a good thing. Overconfidence is too much of a good thing. “It will never happen to me” is an attitude that can lead to improper procedures, tools or methods.
3. **Starting a Task with Incomplete Instructions:** In order to do a job safely and right the first time, you need to have complete information. Do not be shy about asking for explanations about procedures and safety precautions. It is not dumb to ask questions; it is dumb not to ask.
4. **Poor Housekeeping:** Housekeeping is an accurate indicator of everyone’s attitude about safety. Poor housekeeping creates hazards of all types. Good housekeeping involves both pride and safety.
5. **Ignoring Safety Precautions:** Purposely failing to observe safety procedures can endanger you and others around you. You must follow safety policies – not make your own rules. Being “casual” about safety can result in a casualty.
6. **Mental Distractions:** Letting outside influences interfere with you while on the job or on a mission is a hazardous combination. Dropping your mental guard can pull your focus away from the task at hand; flying the airplane, working on the ground team or supervising cadets. You can also be distracted when you are busy with a task and a friend comes by to talk. Do not become a statistic because you took your attention away from a dangerous task “for just a minute”
7. **Failure to Pre-Plan the Work:** Being hasty in starting a task, or not thinking through the overall process can put you in harms way. Instead, Plan the Work and then Work the Plan. Checklists and task guides help with this.

MAIN DISCUSSION POINT OF THIS SAFETY BLAST

Accidents are preventable, do not engage in unsafe acts!