

NEW CADETS START HERE & READ DOWN

CIVIL AIR PATROL CADET SUPER CHART

Use a web-based version of this chart at capmembers.com/ranks



CAP Visual Aid 52-100 September 2012 {52-100A 2" x 3"} {52-100B 11" x 17"}

This chart is **NOT** an accurate resource for the few cadets remaining in the Leadership for the 21st Century text

LEARN TO LEAD EDITION
All leadership requirements shown below apply to cadets using the Learn to Lead text.



GENERAL CARL A. SPAATZ AWARD

PHASE I THE LEARNING PHASE				PHASE II THE LEADERSHIP PHASE						PHASE III THE COMMAND PHASE				PHASE IV THE EXECUTIVE PHASE							
ACHIEVEMENT 1	ACHIEVEMENT 2	ACHIEVEMENT 3	WRIGHT BROTHERS AWARD	ACHIEVEMENT 4	ACHIEVEMENT 5	ACHIEVEMENT 6	ACHIEVEMENT 7	ACHIEVEMENT 8	BILLY MITCHELL AWARD	ACHIEVEMENT 9	ACHIEVEMENT 10	ACHIEVEMENT 11	AMELIA EARHART AWARD	ACHIEVEMENT 12	ACHIEVEMENT 13	ACHIEVEMENT 14	ACHIEVEMENT 15	ACHIEVEMENT 16	IRA C. EAKER AWARD	GENERAL CARL A. SPAATZ AWARD	
JOHN CURRY First National Commander of the Civil Air Patrol and a strong advocate for female aviators	HAP ARNOLD Commanding general of U.S. Army Air Forces during World War II	MARY FEIK Pioneer in the fields of aviation mechanics and engineering, and proud CAP member	ORVILLE & WILBUR WRIGHT First men to achieve powered, controlled, sustained, heavier-than-air flight	EDDIE RICKENBACKER America's "Ace of Aces" during World War I; he wanted CAP cadets to know him as "Eddie"	CHARLES LINDBERGH First man to fly across the Atlantic Ocean solo, non-stop, aboard the "Spirit of St. Louis"	JIMMY DOOLITTLE Pioneer in field of aeronautical engineering and leader of the World War II air raid on Tokyo	ROBERT GODDARD The "Father of Modern Rocketry" and developer of the first liquid-fueled rocket	NEIL ARMSTRONG First man to set foot on the Moon, aboard Apollo 11 on July 20, 1969 - "One giant leap for mankind"	BILLY MITCHELL America's first vocal advocate for military airpower, he proved the airplane could sink ships				AMELIA EARHART Record-setting female pilot who was lost while attempting to fly around the world							IRA C. EAKER Army Air Forces general and advocate of strategic bombardment during World War II	CARL SPAATZ First Chief of Staff of the United States Air Force and first Chairman of the CAP National Board

GRADE, INSIGNIA, & AWARDS				GRADE, INSIGNIA, & AWARDS						GRADE, INSIGNIA, & AWARDS				GRADE, INSIGNIA, & AWARDS								
CADET AIRMAN	CADET AIRMAN FIRST CLASS	CADET SENIOR AIRMAN	CADET STAFF SERGEANT	CADET TECHNICAL SERGEANT	CADET MASTER SERGEANT	CADET SENIOR MASTER SERGEANT	CADET CHIEF MASTER SERGEANT	CADET CHIEF MASTER SERGEANT	CADET SECOND LIEUTENANT	CADET SECOND LIEUTENANT	CADET FIRST LIEUTENANT	CADET FIRST LIEUTENANT	CADET CAPTAIN	CADET CAPTAIN	CADET CAPTAIN	CADET MAJOR	CADET MAJOR	CADET MAJOR	CADET MAJOR	CADET MAJOR	CADET LIEUTENANT COLONEL	CADET COLONEL
No Ribbon Awarded				No Ribbon Awarded						No Ribbon Awarded				No Ribbon Awarded								

PROMOTION ELIGIBILITY REQUIREMENTS The leadership requirements below are for cadets using the Learn to Lead text. Cadets may continue in the Leadership for the 21st Century text until 1 October 2013, at which time that "old" text becomes obsolete.

	Chapter 1 & Drill Test	Chapter 2 & Drill Test	Chapter 3 & Drill Test	Comprehensive Exam with Drill	Chapter 4 & Drill Test	Chapter 5 & Drill Test	Chapter 6 & Drill Test	Chapter 7 & Drill Test	Chapter 8 & Speech, Essay & Drill	Comprehensive Exam	Chapter 9 & SDA Report	Chapter 10 & SDA Report	Chapter 11 & SDA Report	Comprehensive Exam	Chapter 12 & SDA Report	Chapter 13 & SDA Report	Chapter 14 & SDA Report	Chapter 15 & SDA Report	Chapter 16 & SDA Report	Speech & Essay	Comprehensive Exam	
LEADERSHIP	Chapter 1 & Drill Test	Chapter 2 & Drill Test	Chapter 3 & Drill Test	Comprehensive Exam with Drill	Chapter 4 & Drill Test	Chapter 5 & Drill Test	Chapter 6 & Drill Test	Chapter 7 & Drill Test	Chapter 8 & Speech, Essay & Drill	Comprehensive Exam	Chapter 9 & SDA Report	Chapter 10 & SDA Report	Chapter 11 & SDA Report	Comprehensive Exam	Chapter 12 & SDA Report	Chapter 13 & SDA Report	Chapter 14 & SDA Report	Chapter 15 & SDA Report	Chapter 16 & SDA Report	Speech & Essay	Comprehensive Exam	
AEROSPACE	No Requirement	Any Module	Any Module	No Requirement	Any Module	Any Module	Any Module	Any Module	No Requirement	Comprehensive Exam	3-Chapter Block	3-Chapter Block	3-Chapter Block	Comprehensive Exam	No Requirement	No Requirement	3-Chapter Block	3-Chapter Block	3-Chapter Block	No Requirement	Comprehensive Exam	
CHARACTER	Foundations & Safety Module	1 Forum	1 Forum	No Requirement	1 Forum	1 Forum	1 Forum	1 Forum	1 Forum	No Requirement	1 Forum	1 Forum	1 Forum	No Requirement	1 Forum	1 Forum	1 Forum	1 Forum	1 Forum	1 Forum	No Requirement	Essay Exam
ACTIVITIES	Participate Actively	Participate Actively	Participate Actively	Participate Actively	Participate Actively	Participate Actively	Participate Actively	Participate Actively	Participate Actively	Encampment	Participate & Mentor	Participate & Mentor	Participate & Mentor	SDA Staff Service	Participate & Instruct	Participate & Instruct	Participate & Instruct	Participate & Instruct	Participate & Instruct	Participate & Instruct	SDA Staff Service & Leadership Academy	Participate Actively
FITNESS	Cadet Physical Fitness Test	Cadet Physical Fitness Test	Cadet Physical Fitness Test	Cadet Physical Fitness Test	Cadet Physical Fitness Test	Cadet Physical Fitness Test	Cadet Physical Fitness Test	Cadet Physical Fitness Test	Cadet Physical Fitness Test	Cadet Physical Fitness Test	Cadet Physical Fitness Test	Cadet Physical Fitness Test	Cadet Physical Fitness Test	Cadet Physical Fitness Test	Cadet Physical Fitness Test	Cadet Physical Fitness Test	Cadet Physical Fitness Test	Cadet Physical Fitness Test	Cadet Physical Fitness Test	Cadet Physical Fitness Test	Cadet Physical Fitness Test	Cadet Physical Fitness Test

CADET PHYSICAL FITNESS TEST STANDARDS		President's Challenge 25th Percentile; "Run plus 2 out of 3"																President's Challenge 35th Percentile; "Run plus 2 out of 3"																President's Challenge 50th Percentile; "Run plus 2 out of 3"																President's Challenge 60th Percentile; "Run plus 2 out of 3"																President's Challenge 70th Percentile; "Run plus 2 out of 3"																75th Percentile; "Run plus 2 out of 3" Ages 10-14 not shown		
		10	11	12	13	14	15	16	17+	10	11	12	13	14	15	16	17+	10	11	12	13	14	15	16	17+	10	11	12	13	14	15	16	17+	10	11	12	13	14	15	16	17+	10	11	12	13	14	15	16	17+	15	16	17+																																
SIT & REACH	Males	20	21	21	20	23	24	25	28	22	23	23	23	25	27	27	31	25	25	26	26	28	30	30	34	26	26	27	27	30	32	32	35	27	28	28	29	32	33	35	39	27	28	28	29	32	33	35	39	34	36	40																																
	Females	24	24	25	24	28	31	30	31	26	26	27	27	30	32	32	33	28	29	30	31	33	36	34	35	29	30	32	32	35	37	36	37	30	31	33	34	37	40	38	39	30	31	33	34	37	40	38	39	41	39	40																																
CURL UPS	Males	30	31	34	36	39	38	38	38	32	34	37	39	41	41	40	40	35	37	40	42	45	45	44	38	39	43	45	48	49	48	46	40	42	46	48	51	52	50	49	40	42	46	48	51	52	50	49	53	51	51																																	
	Females	25	27	29	30	31	30	30	28	27	29	31	33	34	32	32	30	30	32	35	37	37	36	35	34	32	35	38	40	40	39	37	36	35	38	40	41	42	42	40	39	44	41	40																																								
PUSH UPS	Males	10	11	12	16	18	22	24	26	11	12	14	18	20	25	26	30	14	15	18	24	24	30	30	37	16	18	22	28	28	34	35	42	19	22	25	32	34	37	38	46	16	16	16	17	17	18	20	22	39	40	49																																
	Females	10	10	9	9	9	11	11	12	10	11	10	10	10	12	13	14	13	11	11	11	11	15	12	16	14	14	14	15	15	16	17	19	16	16	16	17	17	18	20	22	19	21	23																																								
SHUTTLE RUN	Males	12.4	12.0	11.2	10.8	10.5	10.2	10.0	9.9	12.0	11.5	11.0	10.6	10.2	10.0	9.7	9.6	11.5	11.1	10.6	10.2	9.9	9.7	9.4	9.4	11.2	10.8	10.4	10.1	9.7	9.5	9.2	9.2	10.9	10.5	10.2	9.9	9.5	9.3	9.0	9.0	11.5	10.9	10.8	10.7	10.7	10.5	10.5	10.5	9.2	8.9	8.9																																
	Females	13.1	12.5	12.1	11.8	11.9	11.7	11.7	11.7	12.6	12.1	11.7	11.5	11.6	11.4	11.4	11.3	12.1	11.5	11.3	11.1	11.2	11.0	10.9	11.0	11.8	11.2	11.0	10.9	10.9	10.7	10.7	10.7	11.5	10.9	10.8	10.7	10.7	10.5	10.5	10.5	10.3	10.4	10.3																																								
MILE RUN	Males	11:40	11:25	10:22	9:23	9:10	8:49	8:37	8:06	10:58	10:25	9:40	8:54	8:30	8:08	7:53	7:35	9:48	9:20	8:40	8:06	7:44	7:30	7:10	7:04	9:11	8:45	8:14	7:41	7:19	7:06	6:50	6:50	8:40	8:20	7:55	7:25	6:59	6:51	6:38	6:35	10:28	10:10	9:48	9:15	8:58	8:58	9:12	9:14	6:38	6:25	6:23																																
	Females	13:00	13:09	12:46	12:29	11:52	11:48	12:42	12:11	12:08	12:21	12:01	11:40	11:10	11:00	11:24	11:20	11:22	11:17	11:05	10:23	10:06	9:58	10:31	10:22	10:52	10:42	10:26	9:50	9:27	9:23	9:48	9:51	10:28	10:10	9:48	9:15	8:58	8:58	9:12	9:14	8:40	8:50	8:52																																								

LEADERSHIP EXPECTATIONS		LEADERSHIP EXPECTATIONS		LEADERSHIP EXPECTATIONS		LEADERSHIP EXPECTATIONS	
ATTITUDE	Displays a positive attitude; optimistic; enthusiastic; is team oriented	Maintains a positive attitude and encourages good attitudes in others; does not flaunt rank or authority	Conscious of own performance; takes initiative to develop new skills; self-motivated and able to motivate others	Resilient; shows mental discipline in working to achieve long-term goals; welcoming of change; has habit of continual self-improvement			
CORE VALUES	Aware of the Core Values; honest; wears uniform properly; practices customs and courtesies	Displays a commitment to the Core Values; promotes team spirit, professionalism, and good sportsmanship as a team leader	Fair, just, and consistent in dealing with subordinates; exercises good judgment in knowing which matters should be referred up the chain	Uses empathy; recognizes how Core Values relate to new and unfamiliar situations; makes sound and timely decisions independently			
COMMUNICATION SKILLS	Listens actively; attentive; asks good questions	Proficient in informal public speaking (i.e., in giving directions to and training junior cadets)	Writes and speaks clearly; presents ideas logically; wins through persuasion	Articulate; succinct; persuasive; varies message to fit audience; proficient in explaining complex issues			
SENSE OF RESPONSIBILITY	Follows directions; dependable; arrives ready to learn and serve; effective in managing own time	Enforces standards; trustworthy in supervising a small team and leading them in fulfillment of a series of simple tasks; given a plan, is able to carry it out	Given an assignment, takes project from beginning to end; develops appropriate goals, plans, standards, and follows through in execution; demonstrates sense of ownership in all assignments	Completes large projects with little supervision; follows and sets a command intent; self-starter			
INTER-PERSONAL SKILLS		Guides and coaches junior cadets; recognizes when junior cadets need help; leads by example; is not a "boss"	Actively mentors NCOs; resolves conflicts fairly; criticizes constructively; dissents respectfully when disagreeing with superiors	Actively develops and mentors cadet officers; adapts leadership style to fit situation; calm under pressure			
CRITICAL THINKING			Thinks in advance and plans ahead to meet the unit's short-term needs; imaginative and not tied to old ideas	Sets long-term goals for the unit; imaginative and visionary; recognizes unit's long-term needs; mentally agile when faced with unfamiliar problems			
DELEGATION SKILLS			Delegates routine tasks effectively and works through NCOs; keeps people informed; makes expectations clear; supervises work of other leaders	Directs multiple teams and manages multiple tasks; assigns people to right jobs; delegates well and enables others to take charge			

